

## Packages

### Pure Bliss - £80

Dermalogica Prescriptive Facial  
Full Body Aromatherapy Massage

### Girls at Play - £90

Luxury Manicure  
Luxury Pedicure  
Relaxing Back Neck and Shoulder Massage

### Pamper Day - £120

Jessica Manicure  
Jessica Pedicure  
Relaxing Back Neck and Shoulder Massage  
Dermalogica Prescriptive Facial

### Holiday - £75

Jessica Pedicure  
Body Scrub  
1/2 Leg Wax  
Eyebrow Wax  
Bikini line Wax

### Men's MOT - £65

Sports Manicure  
Swedish Back, Neck and Shoulder Massage  
Tension Busting Scalp Massage

**Book over £70 of treatments (all to be taken on the same day)  
and get free use of the Health Club\***

## Men's Club

### Mens Skin Fitness - £35

Let us help with the signs of ageing, shaving irritation, rough dry skin and breakouts. Every stage is customized to your skins needs

### Men's Sports Manicure - £20

Go into business meetings with respectable hands and nails. An SOS treatment to tidy the nails and cuticles to revitalise the hands.

### Men's Sports Pedicure - £25

You stand on your feet all day long, this treatment is created to massage the feet, remove hard skin, buff the cuticles and clip the nails down.

### Tension Busting Scalp Massage - £25

Clear your mind with this releasing massage designed to loosen the scalp and free the neck from tension.

### Tension Busting Full Body Massage - £45

### Tension Busting Back Neck and Shoulder Massage - £30

This massage uses techniques from a traditional Swedish massage to create a tailored massage for those who enjoy a stronger pressure.

### Waxing

Back Wax - £25  
Chest Wax - £25



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**Experience the difference...**

**dermalogica**  
a skin care system researched and developed by The International Dermal Institute

**at Manor of Groves**

**Treatment Menu**

## Why Dermalogica

Dermalogica is the skin care system researched and developed by The International Dermal Institute. Known worldwide as the "professionals' choice," using only the finest ingredients available, all products are non - comedogenic and contain no occlusive mineral oil or lanolin, no irritating artificial colours or fragrance, and no drying S.D. alcohol.

## Face mapping ... your skins future

Dermalogica's face mapping analysis takes the guesswork out of getting results. Our therapists will diagnose your skinconcerns and prescribe a no-nonsense home care routine to deliver optimum skin health.

## This takes just 10 minutes and it Free

### Opening Times

Monday - 12.00pm - 8.30pm  
Tuesday - 9.30am - 6.00pm  
Wednesday - 10.00am - 6.30pm  
Thursday - 12.00pm - 8.30pm  
Friday - 9.30am - 6.00pm  
Saturday - 9.30am - 5.30pm  
Sunday - 9.00am - 5.30pm

## Cancellation Policy

Please note for bookings over £40 a non-refundable 50% deposit will be taken. We request 24 hours or more notice is given for cancellation.

A full range of Dermalogica products are available please book a face map to find the perfect match for you.

\*subject to terms and conditions. Contact our team on 0870 412 8833 for more information

## Specialised Facials

### Dermalogica Prescriptive Facial - £40

Optimum skin health is just a treatment away; each step is customized to ensure a bespoke treatment just as individual as you, all your skin concerns are addressed in the one treatment.

This treatment is recommended for anyone who has not had a facial at our skin health centre.

### Skin brightening - £50

This treatment improves skin pigmentation, accelerates brightening and improves skin tone enhancing skin clarity, creating a fresher healthier appearance. This effective treatment uses specialist products from the ChromaWhite TRx range combined with regular treatments and home care. Pigmentation will ultimately fade to give you a balanced healthy complexion.

### AGE Smart™ - £50

Are the signs of ageing becoming more prevalent on your skin?

This powerful treatment will give it a revitalising power boost designed to help firm, smooth, nourish, regenerate and energize while controlling the biochemical triggers that lead to skin ageing.

A course of treatments is recommended.

### Medicated Clearing Treatment - £50

It's the end of the line for adult acne with this powerful treatment that jump starts acne clearing and helps prevent acne well as encouraging balance and control of the skin. Our medicated clearing treatment will focus on purifying your skin and is formulated to improve skin clarity and reduce blemishes, while soothing redness and inflammation.

### Environmental Control Treatment - £50

Is your skin looking red and inflamed or feeling itchy? Settle in for our super smoothing treatment that includes gentle cleansing, a calming masque and therapies that help instantly calm redness and reduce inflammation.

## Specialised Facials Continued

### MicroZone® - £20

Get on the spot skin solutions with MicroZone® treatments. Our expert skin therapist will analyse your skin, then perform a concern specific treatment designed to solve your skin problem, in about 20 minutes. MicroZone® treatments are just the quick fix for troubled skin, and they're the ideal maintenance service between Dermalogica Skin Treatments.

Choose from:

Moisture Surge	Skin Soother
Medibac Spot Relief	Age Smart Flash Exfoliation
Holiday Skin Saver	Eye Rescue

## Massage

### Relaxing Full Body Massage - £40

#### Relaxing Back Neck and Shoulder massage - £28

This blissful massage will have you felling de-stressed in no time. This massage is perfect for anyone who needs some time to unwind.

### Tension Busting Full Body Massage - £45

#### Tension Busting Back Neck and Shoulder Massage - £30

This massage uses techniques from a traditional Swedish massage to create a tailored massage for those who enjoy a stronger pressure.

### Aromatherapy Full Body Massage - £45

#### Aromatherapy Back Neck and Shoulder Massage - £30

The most relaxing kind of massage working on the mind, body and soul. Specially developed to use pressure points and essential oils.

### Aromatherapy Head and Scalp Massage - £28

This divine form of massage will help disperse any headaches or tension around the head, face, scalp and neck areas

### Leg Massage - £15

A 15 minute massage to sooth away aches and pains. Perfect for runners and those on their feet all day

## Body Treatments

### Pregnancy Pamper - £50

Being pregnant is the perfect time to let us pamper you! Enjoy a relaxing massage followed by a relieving foot and leg treatment.

### Rebalancing Treatment - £35

This treatment is a facial for your back! It will help to banish any congested area's or even just give your back a well deserved deep cleanse, leaving it feeling smooth and looking great.

### Total Body Treat - £50

Fancy treating yourself to something special? Starting with a full body exfoliation to prepare the skin, you therapist will then apply a nourishing body cream using massage gentle techniques. Whilst the nourishing body cream is absorbed in to your skin you will enjoy a therapeutic head and scalp massage.

Choose from the following oils:

- Clearing
- Soothing
- Revitalising

### Body Polish - £

Perfect preparation for a holiday. A total body therapy which will leave you invigorated and refreshed.

## Tanning

### Full Body Tan - £40

### Legs only Tan - £20

Keeping up to date with the latest tanning solution this treatment will be perfect for a special occasion. This manually applied treatment enables the therapist to adapt the depth of tan to your individual taste.

## Other Treatments

### Waxing

- Full Leg - £25
- 1/2 Leg - £20
- Full Arm - £20
- 1/2 Arm - £15
- Under Arm - £10
- Bikini Line - £12
- Lip - £7
- Chin - £7
- Eyebrow - £7

### Jessica Nails

- Jessica Manicure - £25
- Jessica French Manicure - £27
- Jessica Luxury Manicure - £30
- Jessica Pedicure - £30
- Jessica French Pedicure - £32
- Jessica Luxury Pedicure - £35
- Jessica Re-shape and Varnish - £15

### Eyes

- Eye Lash Tint - £10
- Eye Brow Tint - £7
- Lash and Brow Tint - £14

### Eye Lash Perm - £30

This treatment will leave eyes looking youthful with a natural looking curl to the lashes.